## **Our Daily Bread Food & Resource Center**



111 High Street Taunton, MA 02780 Tauntonsoupkitchen.org

#### <u>June 2023</u> HIGHLIGHTS

- Tasting for a Cause
- Senior Programs
- Healthy Incentives Program
- Fall class schedule

#### 2022 Stats

- 46,620 meals served from our kitchen
- 201 COVID tests handed out
- 1,138 Client engagements in the Resource Center
- 68 people housed in the cold weather shelter from 12/2022 through 3/2023 in partnership with CCBC, CSS, and the Mayor's office
- 34 people assisted with placement in homeless shelters
- 18 employed
- 212 showers
- 78 loads of laundry
  170 people attended educational classes
- 17,900 volunteer hours to make all of this happen





#### WAYS TO DONATE NOW

Visit www.tauntonsoupkitchen.org or enclosed you will find a self addressed envelope. For tax purposes, our EIN# is: 46-2234342

Amazon Smiles is another way to donate The first time you log into the Amazon Smiles website, please select Our Daily Bread Soup Kitchen as your charity of choice.



"Kindness is not an

it's a reflection of

Thought Wonder

your soul."

act,

### **Senior Lunch Program**

We love our seniors here at Our Daily Bread! Seniors continue to be an extremely vulnerable population and we have seen an increase in food insecurity and social isolation over the past three years. We currently have the following programs for our seniors.

Every Thursday we have a senior lunch from 12:00-1:30. Guest are served an appetizer and a beverage while they socialize. The seniors are then served soup or salad, a hot nutritious meal and dessert. After the meal guest participant in socialization and playing games (price is right, bingo, etc.) Upon leaving, the seniors receive a recipe and all of the ingredients to make the dish when they get home.

### **Testimonials**

"I love coming here, the food is so good and I love the take home recipe. It's fun." "It's nice to get together with this group and laugh. The food is good too." "The volunteers are so nice and make me feel special."

-Alix

-Marie

-Susan

### **Senior Classes**



Before our meal, seniors are offered an opportunity to participate in a class with our volunteer social worker. Here they discuss a variety of topics including self esteem and dealing with loss. Currently they are 'visiting" different countries that are on their bucket lists. They are exploring using videos and props and they are having a blast.

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### **Senior Sack Program**

Another much needed and expanding program is the Senior Sack Program. This is scheduled on the third Wednesday of the month from 9 am to 11am for seniors 55+ who are in need of a helping hand. Participants receive pantry staples, fresh fruits, vegetables, meats and information for assistance when needed. All interested seniors need to enroll by calling 508-824-9595.

### **Upcoming Senior Sack Days**

- July 19
- September 20
- November 15

- August 16
- October 18
- December 20





#### Fresh. Canned. Dried. Frozen. It's **H(P** to be healthy!

Did you know that you can receive extra monies by using your benefits at farm stands and farmer's markets participating in HIP? Families of 1-2 receive 40.00/mo., families of 3-5 60.00/mo., and families of 6 or more receive 80.00/mo.

Locally, there are 3 farms/farmer's markets that participate in the Heathy Incentive Program. They are;

#### Church Green Farmer's Market

76 Church Green, Taunton Sundays 9am-12pm Humble Hands Farm 629 Caswell Street, E. Taunton Sundays 9am-12pm **Old Earth Orchard** 692F Caswell St E. Taunton

All monies spent, up to your monthly allotment, spent at these participating vendors is automatically credited to your benefits card for immediate use.

UPCOMING
2023 EVENTS Our Daily Bread Food and Resource Center
SEPTEMBER GETTING AHEAD 14 week class examine where you are 12:00 - 1:30
WEEKLY DISCUSSIONS COPING WITH LIFE'S SETBACKS Thursday discussion groups - 11:00 - 12:00
SCHEDULE AN APPOINTMENT COMPUTER CLASS All welcome - 10:00 - 1:00
EVERY WEDNESDAY FINANCE 101 All welcome 11:00 - 12:00
SEPTEMBER Career Day Learn plumbing basics - 11:00 AM - 12:00 PM
For more information or sign-up for a class, contact us at (508) 824-1788   director@tauntonsoupkitchen.org   or visit our website: https://tauntonsoupkitchen.org
Matt's Story

"Our Daily Bread in Taunton has amazing people who work and volunteer there. I'm so lucky to have met them and I am grateful for all the help I've received from them. When I became homeless the help they gave me helped me get to where I'm at now.

Over the winter months, they helped me get into the cold weather shelter to stay out the cold. Currently, I'm working on getting my bachelors degree online. Also, I'm working with AmeriCorp to help spread the word on fighting hunger, and helping people get snap so they don't go hungry too.

In addition to working with AmeriCorp, another responsibility of mine is helping to update the Our Daily Bread website so people can see what services they have to offer to assist people that need some help. We need more places like this in the world. Everything they do helps make the world a little bit better for the people that need it!"