

111 High Street  
Taunton, MA 02780  
Tauntonsoupkitchen.org

# Our Daily Bread Newsletter



AUGUST, 2019

## Special points of interest:

- **Healthy Programs continued**
- **Social Services programs**
- **Continued support**



The back bone of our program is the **volunteers** as we envision through **education, resources** and advocacy leading towards **self-sufficiency**.



**Providing  
food for the  
body and food  
for the soul**

## EXCITING NEW GOING ONS AT OUR DAILY BREAD FOOD AND RESOURCE CENTER

We have re-launched our website to include all the new and exciting things happening at Our Daily Bread Food and Resource Center. Please check out our website at:  
[tauntonsoupkitchen.org](http://tauntonsoupkitchen.org)

## *Tasting for a Cause*

Come and socialize and support

## *Our Daily Bread Food and Resource Center*

at our 3rd Annual Tasting for a Cause held at  
Fore Kicks Indoor and Outdoor Complexes  
223 Freemont Street, Taunton MA



September 27th 6-9PM

**\$25 Donation**

Includes Appetizers & Tastings  
Raffle Tickets will be Sold  
Must be 21 and over to attend



For tickets call:

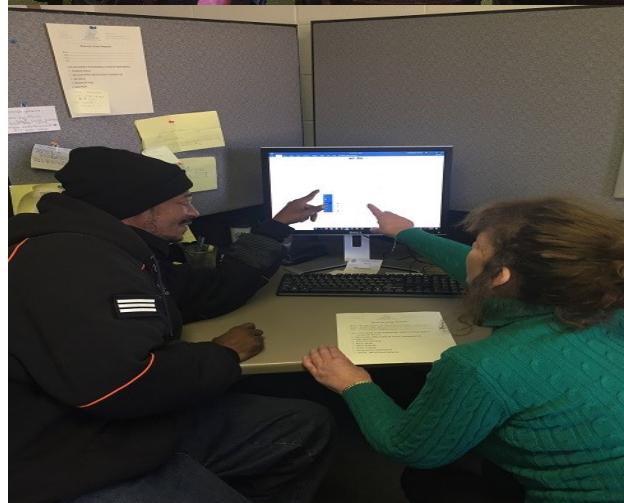
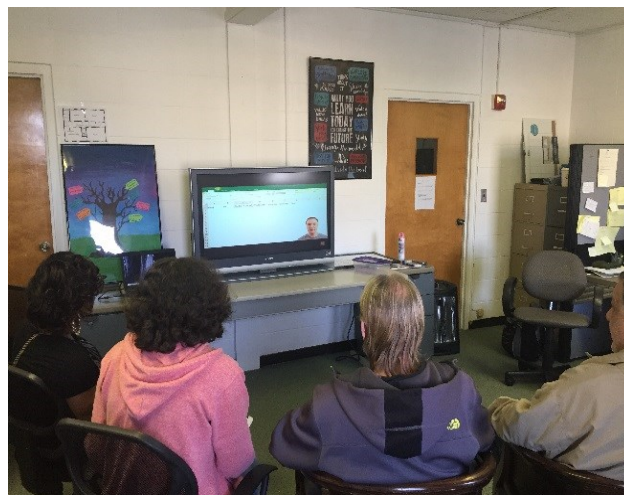
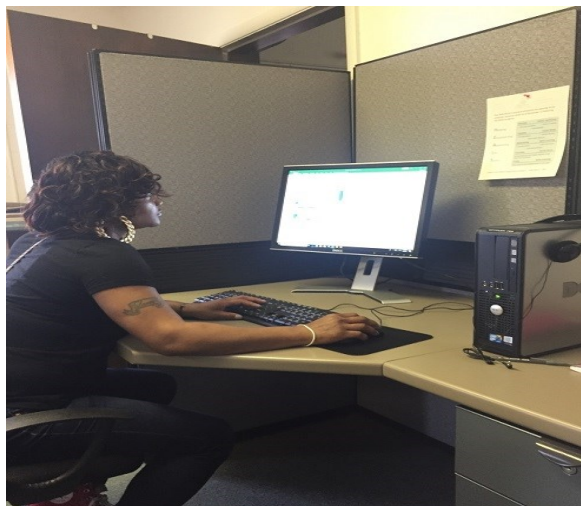
Lynn (508) 824-9595 or Maribeth (508) 824-1788  
Or email at [ourdailybreadsoupkitchen1985@gmail.com](mailto:ourdailybreadsoupkitchen1985@gmail.com)

# Introducing our new Computer and Resource Room

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P.O. Box 149  
111 High Street  
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(508) 824-1788  
[www.tauntonsoupkitchen.org](http://www.tauntonsoupkitchen.org)  
[Ourdailybreadsoupkitchen1985.com](http://Ourdailybreadsoupkitchen1985.com)

We are not just a soup kitchen! In November 2018 we opened our Resource Center, expanding our services to include: Computer Training and Career Guidance, Self-Improvement Programs, Social Services and Referrals.

### Dining Services: Mon - Friday 9AM to 1PM

<ul style="list-style-type: none"> <li>• All Are Welcome</li> <li>• 8 am: coffee, donuts, cereal, pastries and fruit served</li> <li>• 10 am: Hot breakfast served</li> </ul>	<ul style="list-style-type: none"> <li>• 11:15 am: Soup or salad</li> <li>• 11:30 am: Hot lunch served</li> <li>• Take away sandwiches are handed out after a hot lunch</li> </ul>
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### Computer Training and Career Guidance: Mon - Friday 9AM to 1PM

<ul style="list-style-type: none"> <li>• Access to computers</li> <li>• Microsoft Office</li> <li>• Navigating the web</li> <li>• Career coaching</li> </ul>	<ul style="list-style-type: none"> <li>• Job search</li> <li>• Resume building</li> <li>• Interview skills</li> <li>• Job application assistance</li> </ul>
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### SELF-IMPROVEMENT PROGRAMS: On a recurring bases, contact us

<ul style="list-style-type: none"> <li>• Getting out of poverty</li> <li>• Building Self Esteem</li> <li>• Suicide prevention</li> <li>• Nutrition on a budget</li> </ul>	<ul style="list-style-type: none"> <li>• Women's self-defense classes <i>(offered every Friday at 10:30 AM)</i></li> <li>• Finance 101</li> <li>• Getting Ahead</li> </ul>
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### SOCIAL SERVICES INFORMATION AND REFERRALS: Schedule an appointment

<ul style="list-style-type: none"> <li>• Community partnership referrals</li> <li>• Basic needs assessment</li> <li>• Individual goal planning</li> </ul>	<ul style="list-style-type: none"> <li>• Housing referral assistance</li> <li>• Benefit referrals and guidance</li> <li>• Healthcare referrals</li> </ul>
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➔ Visit our center for detailed information on any of our programs, presentations or working sessions. (Breakfast or Lunch is on us). Can't stop by, contact us at [odbrsc@gmail.com](mailto:odbrsc@gmail.com) and one of our Care Coordinators will be happy to help you

*"A small act of kindness can go a long way."*



### **Paul's Story**

**Paul had been living in a tent and coming to Our Daily Bread Soup Kitchen for years, and had lost all hope. Paul's biggest issues were that he had lost his Green Card, which prevented him for looking for work.**

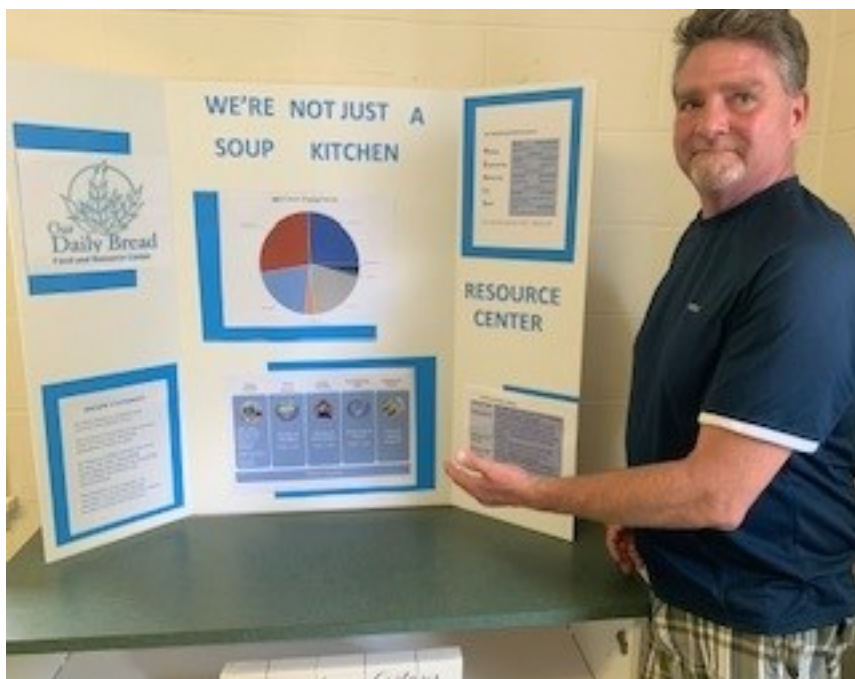
**When Paul came to our Resource Room, he was apprehensive that he could get the help that he needed. First, I sat and just listened. I then performed a basic needs assessment and then built a plan for getting his life back together. Hopeful that his life could change, he started coming every day for an hour with his notebook in hand, which helped to keep him focused.**

**I submitted an application to the Department of Homeland Security and got their sizable application fee waived for his replacement green card. Paul received his green card on March 20, 2019. Now with his green card in hand, he was able to get a Mass ID. Paul now has a job and a roof over his head. Paul went from wanting to give up to smiling every time I see him now!**

### **A note from Glen Whittaker, Care Coordinator in our Resource Center**

**I came from the corporate world where I worked for 28 years. When I retired as a Senior Vice President, I wanted to leverage my skills to help people. That started my journey with Maribeth and the Resource Center. I have been part of Maribeth's team for a year now and out of all of the positions I had in the corporate world, this is by far the most rewarding one I have held.**

**My new career is to help people in need by using the tools and technologies we have in the Resource Center. One of the excitements in my position is that I never know what individual will walk thru the door and what a person's needs may be. We help people with building resumes, searching for a job, needs assessments for their life plan and self-improvement programs.**



**As of July 30, 2019, Our Daily Bread Food and Resource Center has: Served **32,561** meals. On average our dining services team prepares 220 meals per day. We have had **887** Resource Center Client Engagements. To make all this happen, are our volunteers, who are the backbone of our organization and have donated **7,450** hours of service. Stop by and meet our team, our services are free and all are welcome**